



MISSION STATEMENT

The mission of the Park City Ski Education Foundation (the PCSEF) is to be the best Junior Alpine Ski Racing Program in the United States.

The goal of the PCSEF is to provide the alpine ski racing youth of Park City with an environment of education, communication, and teamwork which empowers each of them to reach his/her goals and potential athletically, personally, and academically during and beyond their Park City Ski Team experience.

THE OBJECTIVES OF THE PCSEF ARE:

To develop and prioritize program structure, content, staff, budgets and facilities to support the implementation of our goals and the realization of our mission.

To provide each individual athlete with long-term plans based on the application of the best sport science knowledge available.

To deliver an education program designed to increase awareness and develop program wide views on the importance of the mind/body connection, emotional well being, mental training, nutritional and lifestyle habits that enhance health and athletic performance, development level appropriate physical conditioning, and

on snow training and competition progressions.

To develop and deliver an open communication network utilizing E-mail, program newsletter, program manuals, regular parent/athlete/staff meetings and a program database of supporting materials.

To incorporate a staff development program designed to bring in and maintain experienced and motivated coaches and supplement the program with expert consultants where applicable.